

# BenefitsCheckUp<sup>®</sup>

Get help paying for your prescriptions, energy bills, property taxes and more.

# National Council of Aging (NCOA)

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**Aetna is working with the NCOA to offer you free access to BenefitsCheckUp®.**

- Founded in 1950, NCOA is a trusted, non-profit organization working to improve the lives of older adults.
- Serves as a national voice for older Americans and the community organizations that serve them.
- Developed long-standing community programs, such as Meals on Wheels.



# What is BenefitsCheckUp®?

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- A free service of the National Council on Aging (NCOA).
- An online screening tool that can help you find benefits you may be eligible for from over 2,500 federal, state and private programs.
- A completely private and confidential online tool.





## How does this help you?

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Here are some of the expenses BenefitsCheckUp® may help you with:

- **Medications**
- **Food**
- **Utilities**
- **Legal assistance**
- **Health care**
- **Housing**
- **Property taxes**
- **Transportation**
- **Employment training**

## Example #1: Meet John

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John is a single man. He is a retired veteran with an income of **\$13,500**. He rents an apartment and takes several medications.

### **John might find help from:**

- Supplemental Nutrition Assistance Program (Formerly known as Food Stamps)
- Tax credit for the elderly and disabled
- Utility help program
- Home care services
- Prescription help
- Transportation service assistance





## Example #2: Meet Elizabeth

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Elizabeth is a married woman. Together with her husband, they have a combined income of **\$40,000**. They own their home. She takes only a few medications. She is unable to work.

### **Elizabeth might find help from:**

- Property tax relief program
- Home care assistance
- Utility help programs

**Many people are often surprised that they can get extra help! Give BenefitsCheckUp® a try!**

# How to Complete Your Screening.

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Go to [www.BenefitsCheckUp.org/aetna](http://www.BenefitsCheckUp.org/aetna)

- Click “Find Benefits Programs”
- Click on “Go” under either the “Comprehensive Screening” or the “Express Screening”
- Complete the questionnaire – You do not need to answer every question. But you will get better results if you provide complete information.
- Click on “View and Print Report”

**Your insurance agent can also help you complete the online questionnaire.**

## Option 1

# Express Screening

Quick way to find help from some of the most common benefit programs. Only takes 15 – 20 minutes to complete.

## Option 2

# Comprehensive Screening

Screens for all 2,500 benefit programs. Only takes 20-30 minutes to complete. **Highly recommended!**

## Option 3

# Printed Questionnaire

You have the option to print either the Express or Comprehensive questionnaires. Fill it out and go back and enter responses.

# Here's what you'll need for your screening:

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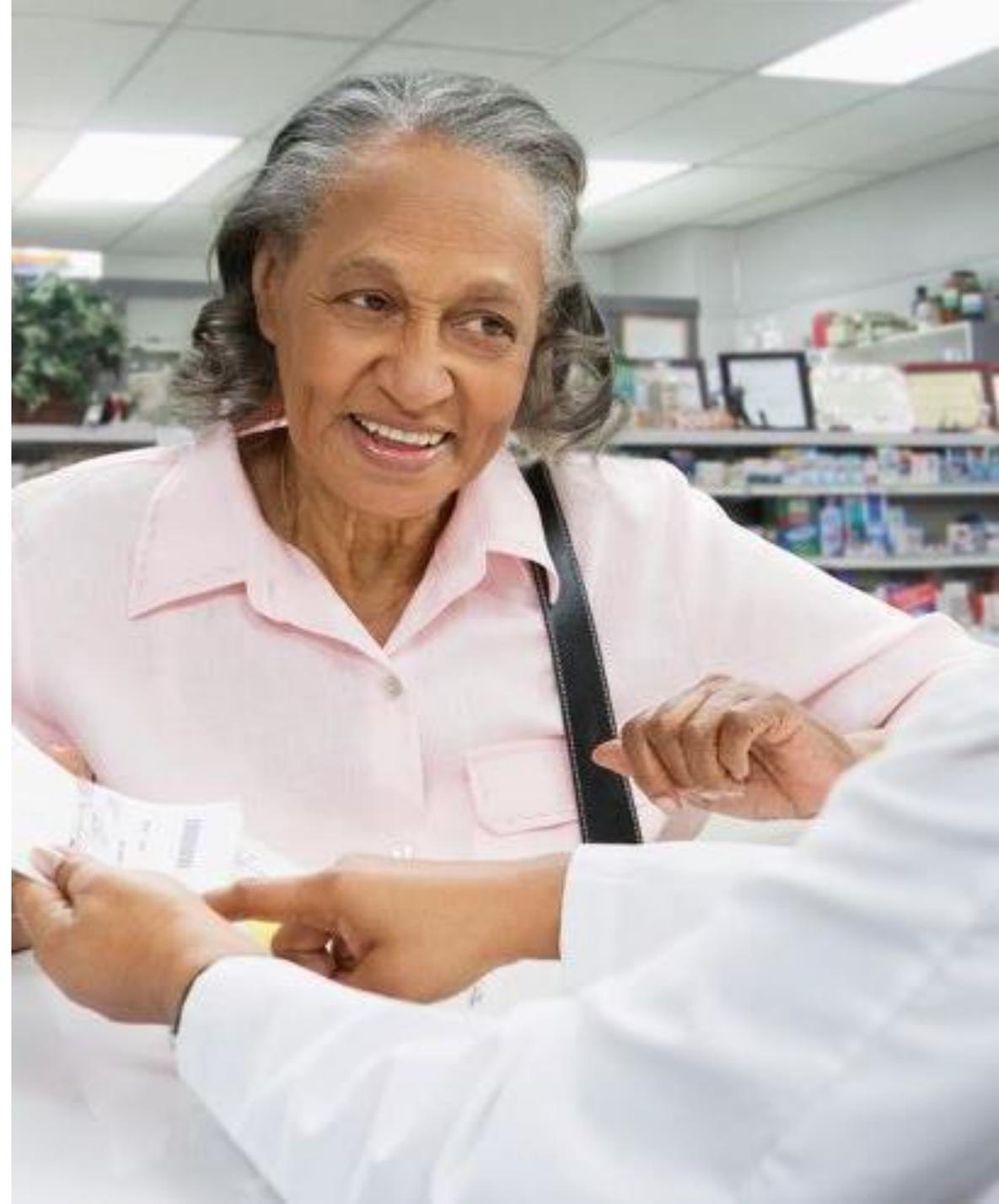
- Your ZIP code
- Your birthday and/or your spouse's birthday
- Where you live: house, apartment or mobile home
- How long have you lived there?
- Are you or your spouse a Veteran?
- Did you or your spouse ever work for the state, local, county or federal government or the railroads?
- What are the names of the medicines you take? (Have your medicine bottles or information with you.)
- How much money do you make in a month?
- What other expenses do you have (such as mortgage/rent, utilities, out-of-pocket medical bills, etc.)?

# Your personalized report

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**Once you complete a screening, your report is ready to print out:**

- Shows you the benefit programs where you can get help
- Tells you how to apply and gives you a list of materials you will need to apply
- Gives you direct links to online applications (when available)



# Thank you

Aetna Medicare is a PDP, HMO, PPO plan with a Medicare contract. Our SNPs also have contracts with State Medicaid programs. Enrollment in our plans depends on contract renewal. See Evidence of Coverage for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area.

