

Getting to the Right Place:
Overview of Senior Living Solutions


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Program Overview

- Review process to identify your needs
- Identify and describe levels of care
- Review clinical services provided
- Discuss questions and concerns

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The Blind Spot of Aging

We have a plan

We like our home

Why should we change now?

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Identifying Your Needs

Physical Needs Medical Needs

Social and Emotional Needs Financial Needs

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Planning Ahead

- More you plan, more control you have
- Decrease stress when change occurs
- Involving children empowers them
- Seek outside advisor if needed

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Assessing Your Needs

Location and Accessibility

Budget and Finances

Social Support

Caregiving Support

Professional Assessment

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Aging in Place

- Close network of nearby support
- Easily accessible transportation
- Home can be modified if needed
- Level of care and support is available
- Willing and able to reach out for support

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Senior Housing Options

- Independent Living
- Assisted Living
- Memory Care
- Nursing and Rehabilitation Center

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Senior Living Solutions

Continuing-Care Retirement Communities

- Active community lifestyle
- Opportunities for engagement
- Support as care needs change
- Offers various levels of care

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Senior Living Solutions
Independent Living

- Senior housing built for older adults
- Offers variety of programs and events
- Services include:
 - Meals
 - Transportation
 - Housekeeping and Maintenance
 - Personal Services
 - Therapy and Home Health


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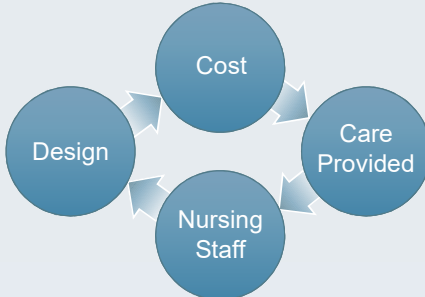
Senior Living Solutions
Assisted Living

- Similar services as independent living
- Social model with schedule of programs
- Option for those who need some assistance
- Personal care and nursing staff
- Around-the-clock staffing


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Differences in IL and AL



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Senior Living Solutions
Memory Care

- Part of AL or stand-alone community
- Intentional environmental design
- Programs and services for support
- Personal care nursing assistance

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Senior Living Solutions
Skilled Nursing and Rehabilitation

- Care & supervision of skilled nurses and doctors
- Provides both short-term and long-term services

General Rehabilitation
Acute Medical and Custodial Care
Disease Management and Illness Care
Terminal Illness Care and End of Life Care

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Senior Living Solutions
Home Health

- Support if living at home or senior community
- Medical and non-medical support and services
- Help with physician orders for supportive care
- Private duty care with supportive services

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Senior Living Solutions

Therapy

- Innovative Senior Care
- Rehabilitation and therapy services
- Care 3 Model
 1. Rehabilitation
 2. Fitness
 3. Education

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Senior Living Solutions

Hospice

- Care focused on comfort and quality of life
- Nurturing the spirit as physical health fails
- Maintaining comfort and dignity
- Family members also receive care and support
- Delivered in a variety of settings

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Know Your Plan

“I believe that the biggest mistake that most people make when it comes to their retirement is they do not plan for it.”

— Mark Singer
The Changing Landscape of Retirement

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Plan Now for Your Future

Your Retirement Plan

- Know your plan
- Discuss with family
- Act while you have options
- Consult for support
- Enjoy your retirement years

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