

“The Dementia Dilemma – Why Diagnosis is Such a Challenge”
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10 Warning Signs of Dementia

1. Challenges in planning or solving problems
2. Confusion regarding time or place
3. Decreased or poor judgment
4. Difficulty completing familiar tasks
5. Memory loss that disrupts daily life
6. Misplacing things and losing the ability to retrace your steps
7. Problems with the use of appropriate words in speaking or writing
8. Progressive difficulty remembering familiar people’s names,
or getting lost in familiar surroundings
9. Subtle changes in mood and personality
10. Withdrawal from work or social activities